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In Book V of the *Politics*, Aristotle examines the change (*μεταβολή*) of constitutions and in particular why they decay and how they can be preserved. In the important first chapter he declares that democracy and oligarchy are the prevailing constitutions of his time. In view of these two constitutions he explains the general causes and motives for sedition and revolution (*στάσις*). His account is based on his theory of distributive justice. He even holds that democracy and oligarchy originate from the opposing conceptions of distributive justice of their supporters (*Pol. V I, 1301 a 25–32*). From these opposing conceptions the citizens of competing political parties also derive their irreconcilable judgments of whether an equal or unequal distribution of political power is just or unjust. Therefore, the opposing conceptions are, in the end, the reason why democracies and oligarchies are often not stable and cannot be preserved. The rich citizens strive to overthrow democracies, because they hold an equal distribution of political power to be unjust. Sedition in oligarchies originates because the poor citizens think their exclusion from political life is unjust and because they demand an equal participation in government (*Pol. V I, 1301 a 32–1302 a 13*)<sup>30</sup>. For Aristotle, the general cause or motive for sedition and revolution is that citizens are outraged and get angry when they perceive power relations to be unjust, and therefore want to change them<sup>31</sup>. This cause or motive concerns the inner

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<sup>29</sup> THUKYDIDES 2002, III, 82, 206; BLEICKEN 1994, 58–59; cf. GEHRKE 1985, 356, and BLEICKEN 1994, 59). After the Peloponnesian War, some more bloody overthrows happened in Greece, for example in Thebes and in Thessalia (GEHRKE 1985, 352).

<sup>30</sup> In Book V, Aristotle declares several times that the cause for political overthrow in democracies and oligarchies is that the people or the rich think that the distribution of political rights is unjust (1302 a 22–32, 1303 b 3–7, 1316 a 39–1316 b 3).

<sup>31</sup> Ronald Polansky points out: “Since the disposition fostering change or sedition is ultimately the sense of injustice in distribution in the community, this must be the most general of all the causes operative in change” (Polansky 1991, 335). In line with

state of the revolutionaries that is brought into being by their sense of justice. In the end, the human sense of justice which enables man to have perceptions of good and bad, of just and unjust, is the “anthropological” basis of all different conceptions of distributive justice<sup>32</sup>.

As several scholars have pointed out, Aristotle understands the different forms of constitution, except tyranny, as embodiments of different conceptions of distributive justice<sup>33</sup>. In the *Eudemian Ethics*, Aristotle declares that “all constitutions are a particular form of justice; for they are communities, and every community is held together by justice (αἱ δὲ πολιτεῖαι πᾶσαι δικαίου τι εἶδος: κοινωνία γάρ, τὸ δὲ κοινὸν πᾶν διὰ τοῦ δικαίου συνέστηκεν)” (EE VII 9, 1241 b 13–15). In the *Politics*, he explains an important aspect of how justice holds the political community together. A constitution is not only the order which determines to whom

Polansky, Hans-Joachim Gehrke pronounces: “In der Tat ist der entscheidende Gesichtspunkt das Empfinden der ungerechten Behandlung durch das Vorherrschen differenter Gleichheitsvorstellungen. Man fühlt sich zurückgesetzt und benachteiligt, in seinem Recht und Anspruch verletzt. Es unterliegt keinem Zweifel, daß Aristoteles hier ein ganz wesentliches Movens der ‘Aufsässigkeit’ erarbeitet hat” (GEHRKE 2001, 143).

<sup>32</sup> In a famous paragraph Aristotle explains: “Contrary to the other living beings, it is peculiar to man that he alone has perception (αἴσθησις ἔχειν) of the good and bad, of the just and unjust, and of other similar qualities. Community in these things makes a household and a polis” (*Pol.* I 2, 1253 a 15–18). In view of this paragraph, John Rawls states: “Aristotle remarks that it is a peculiarity of men that they possess a sense of the just and the unjust and that their sharing a common understanding of justice makes a polis” (RAWLS 1971, § 39, 234). For Rawls, together with the human capability of having a conception of one’s good, the capability for a sense of justice is the “basis of equality” of “human beings as moral persons” (*ibidem*, § 4, 19; cf. § 77, 505).

<sup>33</sup> Richard Mulgan explains: “Different constitutions embody different conceptions of justice with differing criteria of how honours and other public goods should be distributed” (MULGAN 1991, 310). In line with this Fred D. Miller pronounces “that the constitution is in some manner identical with justice (in the sense of being the embodiment of justice)” (MILLER 1991, 299, cf. MILLER 1995, 79). Analogously, David Keyt points out that “a constitution is primarily a kind of distributive justice” (KEYT 1991, 238).

the political power is allotted in the polis, but ethically justifies this distribution through a conception of distributive justice inextricably linked to it. Furthermore, a constitution establishes what the final or dominant goal of the political community is. The question of the goal of the polis is an ethical question, because it mainly revolves around the decision of what a political community and its rulers hold to be a good life and what values it holds to be important. In Book IV of the *Politics*, Aristotle gives a second and extended version of his definition of a constitution which includes these two ethical aspects:

A constitution is the order of a polis in respect to its various offices and the questions of how they are distributed, what the supreme power of the polis is, and what the end of every community is (πολιτεία μὲν γάρ ἐστι τάξις ταῖς πόλεσιν ἢ περὶ τὰς ἀρχάς, τίνα τρόπον νευέμηνται, καὶ τί τὸ κύριον τῆς πολιτείας καὶ τί τὸ τέλος ἐκάστης τῆς κοινωνίας ἐστίν, *Pol. IV* 1, 1289a 15-18).

Aristotle discusses both the ethical questions of the just distribution of the political offices and of the goal of the polis in the chapters in Book III, which follow his first definition of a constitution. This strongly suggests the interpretation that he phrases a second definition in order to include the results he gained in Book III. This is an argument for the unity of the *Politics*. First, it shows that there is no rupture between Books III and IV, as the supporters of the genetic-analytic interpretation of the *Politics* suggest<sup>34</sup>. Second, it indicates that the subjects and arguments of the *Politics* are not only coherent and consistent, but build on each other in such a way that later parts implicitly or explicitly refer back to earlier

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<sup>34</sup> For Werner Jaeger, the *Politics* is divided in an early “Urpolitik” (Books II, III, VII, and VIII), which contains Aristotle’s “speculative outline”, and the “empirical books” IV–VI, that were supposedly written later (JAEGER 1955, 275–282). According to Eckart Schütrumpf, Book III is an early precursor to the discussions in Book IV, and a treatise that has not been completely preserved or that has never been finished (SCHÜTRUMPF 1980, 273).

parts, which they presuppose, continue, distinguish, or supplement<sup>35</sup>. Both points can be further substantiated by section one of this paper, which demonstrated that Aristotle's account of constitutions in Books IV–VI is essentially an extension and refinement of his scheme of six constitutions in Book III. The introduction of subspecies of the different constitutions already begins in Book III, which distinguishes five forms of kingship<sup>36</sup>.

A constitution establishes what the goal or end of a political community is. As has already been pointed out, in Book III Aristotle assesses three constitutions as wrong because they are forms of government structured for the advantage of the rulers and not for the common good. In oligarchy and tyranny, the end of the rulers and thus the polis is to safeguard and increase wealth, in democracy the highest goal is the realization of freedom. According to Aristotle, democratic freedom means that everyone can live how he wants. Aristotle makes clear that neither freedom nor wealth can be regarded as the true ends of a polis (*Pol.* III 9, 1280 a 22–31; *Pol.* V 9, 1310 a 28–36, cf. *Pol.* VI 2, 1317 b 10–13).

After he rejected freedom and wealth as candidates for the true goal of the polis, Aristotle mentions several ends and shows that these cannot be regarded as the specific or highest goals of the political community. He brings up bare life or survival, mutual defense against injury, trade and mutual intercourse or advantage, and mutual protection against injustice and damages as possible ends of a polis (*Pol.* III 9, 1280 a 31–1280 b 5). Against such conceptions of the goal of the political community Aristotle argues that trade agreements, treaties for mutual defense, and other forms of alliance also exist between peoples and thus cannot be regarded as the characteristic or specific end of a polis. The goals to mutually protect each other, to not harm each other, or to do trade are only

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<sup>35</sup> For a compilation of examples of how the subjects and arguments of the *Politics* build on each other see KNOLL 2011 b, 413–14; cf. fn. 47.

<sup>36</sup> Cf. fn. 12.

pre-conditions that must be present before a polis can exist; but the presence of all these conditions is not enough to make a polis. What constitutes a polis is an association of households and clans in the good life (εὖ ζῆν), in order to achieve a perfect and self-sufficient existence. [...] The goal (τέλος) of the polis is the good life, and these things are means to that end. And a polis is an association of clans and villages in a perfect and self-sufficient existence, which in our view constitutes a happy and noble life (τὸ ζῆν εὐδαιμόνως καὶ καλῶς). Therefore, the political communities must be considered to exist for the sake of good actions (πράξεις), and not for the sake of bare social life. Hence, those who contribute most to such an association have a greater share in the polis than those who are their equals or superiors in freedom or decent but not their equals in political virtue (πολιτικὴν ἀρετὴν), or than those who surpass them in wealth but are surpassed by them in virtue (*Pol.* III 9, 1280b 31-35; 1280b 39-1281 a 8).

The supreme goal of the polis is the good and happy life. Aristotle states this conviction in the first paragraphs of the *Nicomachean Ethics*, in which he points out that happiness (εὐδαιμονία) is the highest end and supreme good which man can achieve through his actions<sup>37</sup>. Aristotle's definition of the supreme goal of the polis is a premise of the argument that he gives in order to substantiate his own preference in the political dispute about how political offices and honors should be distributed<sup>38</sup>. The paragraph cited above gives a short version of this argument and mentions once more the four competing reasons for political claims that were common in the political culture of Aristotle's time: freedom, wealth, noble birth and virtue.

Aristotle's argument for his political preference is part of his general theory of what constitutes a just distribution. Usually in a distribution of goods there are different people who have claims and who advance

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<sup>37</sup> In the beginning of the *Nicomachean Ethics*, Aristotle states that happiness (εὐδαιμονία) as the supreme of all practical goods is related to political science (*ENI* 2, 1094 b 7–10).

<sup>38</sup> For an interpretation of Aristotle's argument that is partly different and partly similar than the one given above see KEYT 1991, 250–259.

different and competing reasons in order to justify their claims. According to Aristotle's theory, the disputed question of which reason for political claims is most justified in a distribution can be decided in regard to the goal of this distribution. A reason for a justified claim must not only have a factual connection to the goal of the distribution but must also contribute substantially to reaching it.

A first illustration of this general theory can be seen in Aristotle's critique of the oligarchic and the democratic conceptions of distributive justice (*Pol.* III 9, 1280 a 22–31). The supporters of oligarchy claim a greater share in the polis, in offices and honor, in proportion to their greater wealth, which is their claim's justification. If the goal of the polis were property or wealth, the supporters of oligarchy would have a strong argument. As an instructive analogy to the polis and the competing claims of the rich and the poor Aristotle brings up an imaginary financial partnership of two men with a capital of 100 talents in which one man contributed only one talent and the other one 99 talents. It is obvious that in such a partnership the man who only put in one talent would only have a share in the whole capital and in the interest it generates in proportion to his contribution and thus a much smaller share than the man who put in 99 talents. As the only goal of a financial partnership is an increase in wealth, such extremely unequal shares are justified. But for Aristotle, the polis is neither a financial partnership nor is its goal an increase in wealth or property.

This paragraph of the *Politics* is not well-elaborated, but it suggests that Aristotle has a similar critique of the democratic conception of distributive justice in mind, whose supporters he criticizes alike for not being able to see that the justified claims they can make are very limited. If the goal of the polis were the realization of freedom, all free men, the rich and the poor alike, could make an equal contribution to reach this goal and thus have an equal share in the political community. But the polis is not a



partnership for the goal to realize ones freedom (*Pol.* III 9, 1280 a 25–31).

A second illustration of Aristotle's general theory is his example of a just distribution of flutes<sup>39</sup>. If flutes are distributed in a just way, the person who is distinguished through the capability of outstanding flute-paying should get the best flute<sup>40</sup>. To be sure, alternative reasons for claims like noble birth, beauty, or wealth have a higher rank in the general order of goods than the capability of flute-paying. But they have no factual connection to the goal of good flute-paying and they do not contribute anything to reach it. This is why they are arbitrary and irrelevant standards in a just distribution of flutes. With his example of a just distribution of flutes Aristotle makes clear that offices and honors should not be allotted according to superiority in any good whatsoever. There are goods like height or the ability to run fast which are irrelevant in a just distribution of offices and honors, because they have no factual connection to the goal of the polis and do not contribute anything to the attainment of it. Furthermore, a distribution according to superiority in any good whatsoever would presuppose that every good is comparable with any other, which is impossible in regard to the heterogeneity and incommensurability of the mentioned goods (*Pol.* III 12, 1282 b 23–1283 a 11).

Aristotle concedes that the standards of freedom and wealth have some claim in the political distribution of offices and honors. A polis that

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<sup>39</sup> Some chapters before Aristotle introduces his example of the distribution of flutes, he declares that “the ruled correspond to the flute-maker, the ruler to the flute-player who uses the instrument” (*Pol.* III 4, 1277 b 29–30). Like flute-makers allot flutes to flute-players, the ruled distribute political power to the rulers.

<sup>40</sup> For Martha Nussbaum's interpretation of Aristotle's example of a just distribution of flutes see NUSSBAUM 1990, 171. According to Nussbaum's interpretation of his theory of distributive justice, Aristotle holds a capability for a certain function to be the “morally relevant criterion” for the distribution of “the necessary material conditions” to perform this function (*ibidem*).

consisted only of slaves would not be able to exist. The same is true for a polis made up of only poor people. Such a polis would have no income in taxes and, as such, no financial means for public affairs. This demonstrates that both the poor and the rich citizens together with their qualities make an indispensable contribution to the existence of the polis. Therefore, they can claim some share in political participation. However, in a just distribution of offices and honors, Aristotle holds political virtue to be the standard of worth that is most justified<sup>41</sup>.

The first step of Aristotle's argumentation for the aristocratic conception of distributive justice is to substantiate the thesis that the specific goal of the polis is the good and happy life, as opposed to survival, wealth, freedom, or something else. While people agree that flutes should be distributed for the end of good flute playing, there is no consensus among them about the true end of the polis. As a second step he establishes his general theory of distributive justice, according to which a justified claim in a distribution must not only have a factual connection to the goal of this distribution but must also contribute substantially to reaching it. The third and final step is to show that political virtue contributes much more to a good and happy life than do freedom, wealth, or noble birth. The conclusion of these steps is that the aristocratic conception of distributive justice can claim by far better reasons than the other three conceptions, which shows that Aristotle has a clear preference for it.

Considering the competing standards noble birth, freedom, wealth, justice (*δικαιοσύνη*) and political virtue (*πολιτικὴ ἀρετή*)<sup>42</sup>, Aristotle phrases this conclusion as follows:

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<sup>41</sup> The paragraph above shows that Ada Neschke-Hentschke's interpretation that "only" political virtue can advance a claim for rule is too exclusive and too rigid (NESCHKE-HENTSCHE 2012, 115).

<sup>42</sup> For the problem whether Aristotle wrote in 1283 a 20 in fact "*πολιτικῆς ἀρετῆς*", which is most likely, or "*πολεμικῆς ἀρετῆς*", see KNOLL 2009, fn. 266. In Aristotle's list of

In view of the existence of the polis, it would seem that all, or at least some, of these controversial claims are justified; but in regard to the good life education and virtue would have a more justified claim, as we have already said<sup>43</sup> (πρὸς μὲν οὖν τὸ πόλιν εἶναι δόξειεν ἂν ἢ πάντα ἢ ἑνιά γε τούτων ὀρθῶς ἀμφισβητεῖν, πρὸς μέντοι ζῶν ἀγαθὴν ἢ παιδεία καὶ ἡ ἀρετὴ μάλιστα δικαίως ἂν ἀμφισβητοῖσσαν, καθάπερ εἴρηται καὶ πρότερον, *Pol.* III 13, 1283a 23-26).

Like Plato, Aristotle holds “education (παιδεία)” and “virtue (ἀρετή)” to be the appropriate standard of worth in a just distribution of offices and honors<sup>44</sup>. In his statement, “education” and “virtue” should not be apprehended as rivaling claims. Rather, education should be understood as the formation of the soul (ψυχῆ) that leads to the ethical virtues, the virtues of the character<sup>45</sup>. The most important ethical virtue is justice as a trait of character or disposition (ἕξις). Starting at an early age, education has to form the activities and thereby the habits in order to produce a virtuous character. For Aristotle, education should not only focus on subjective justice but also on other ethical virtues like courage (ἀνδρεία) and temperance (σωφροσύνη) (*EN* II 1, 1103 a 31–1103 b 25). Together with the intellectual virtue named prudence (φρόνησις), these ethical virtues constitute what Aristotle calls political virtue (πολιτικὴ ἀρετή). Already in Chapter 4 of Book III he mentions prudence (φρόνησις) as the virtue peculiar to a good ruler (*Pol.* III 4, 1277 a 14–15; cf. Elm 1996).

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claims “justice (δικαιοσύνη)” and “political virtue (πολιτικὴ ἀρετή)” should not be understood as rivaling claims, as for Aristotle justice is a part of political virtue. Cf. *Pol.* III 9, 1281 a 7–8.

<sup>43</sup> This statement refers back to the short version of Aristotle’s argument in *Pol.* III 9, 1280 b 39–1281 a 8.

<sup>44</sup> In the *Laws*, Plato mentions explicitly both “education (παιδεία)” and “virtue (ἀρετή)” as the relevant standard for the “most genuine” and “best” form of political justice and equality (VI, 757 c); cf. KNOLL 2010, and fn. 19.

<sup>45</sup> Cf. PATT 2002, 78.

For Aristotle, political virtue is the most justified reason for claims in a distribution of offices and honors<sup>46</sup>.

For Aristotle, political virtue contributes substantially to reaching the goal of the polis, the good and happy life. In order to answer the question of how Aristotle conceives of this contribution, it is necessary to ask how he conceives of a good and happy life. According to the central definition of Aristotle's theory, happiness (*εὐδαιμονία*), "is an activity of the soul according to virtue (*κατ' ἀρετήν*)" (*EN I 6*, 1098 a 16–17). Human beings can live a good and happy life if they develop and practice their ethical and intellectual virtues in two forms of life. As citizens, they can practice the combination of prudence (*φρόνησις*) and ethical virtues in a political life. As scientists or philosophers, they can practice their intellectual virtues – wisdom (*σοφία*) as a combination of science (*ἐπιστήμη*) and intuition (*νοῦς*) – in a life of contemplation (*EN I 3*, 1095 b 14–1096 a 5; *EN I 13*, 1103 a 1–7; *EN VI 3*, 1139 b 16–17; *EN VI 7*, 1141 a 19).

It is not difficult to see how political virtue contributes substantially to reaching the good life, the goal of the polis. To practice political virtue as a citizen is identical with good actions and a political life. In an active political life a citizen carries out virtuous actions for his polis in the assembly, the council, the law-courts, or in war. For Aristotle, an active political life, in which citizens deliberate, govern, and shape the polis, counts as a good and happy life. Such a life aims at honor, and, as an even higher end, at virtue (*EN I 3*, 1095 b 22–31). Furthermore, it depends on the political virtue of the citizens whether a polis flourishes or perishes, whether it can keep its self-sufficient existence or not, and whether its constitution remains stable or faces civil war and sedition. If politically virtuous citizens maintain the stability of the political order and ensure that

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<sup>46</sup> See for a similar interpretation of Aristotle's evaluation of the role of political virtue GORDON 2007, 145, 154, and SCHÜTRUMPF 1980, 146. According to Ada Neschke-Hentschke, for Aristotle political virtue is composed out of prudence ("der praktischen Klugheit") and just ethos ("dem gerechten Ethos") (NESCHKE-HENTSCHE 2012, 115).

the polis is self-sufficient and flourishing, they safeguard the freedom and wealth of all citizens, and thus, some important means for a good and happy life. Like peace and leisure, stability and prosperity are the best conditions for a fruitful life of contemplation, the good life of the scientist or philosopher. If a virtuous political life is able to reach these aims it contributes substantially to realizing this form of life, which, according to Aristotle's arguments in the *Nicomachean Ethics*, is even happier than the political life (*EN* X 7–9, 1177 a 12–1179 a 32).

According to Aristotle's classification of the political convictions of his time, for democrats worth (*ἀξία*) "is freedom, for supporters of oligarchy it is wealth, for others it is noble birth, and for aristocrats it is virtue" (*EN* V 6, 1131 a 27–29). This section has demonstrated that for Aristotle the appropriate standard of worth and the most justified reason for claims in the distribution of political offices and honors is political virtue. Therefore, according to his classification he has to be categorized as a supporter of the aristocratic conception of distributive justice<sup>47</sup>. Furthermore, this section

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<sup>47</sup> Also Fred D. Miller comes to the conclusion that "Aristotle makes clear the superiority of the aristocratic theory": "In so far as the citizens are free, well-born, or wealthy, they can help to keep the polis in existence; but only in so far as they possess virtue can they directly contribute to its natural end. Therefore, the aristocratic theory is correct, and the virtuous have a just claim to political authority which is superior to that of other members of the polis. Furthermore, the aristocratic constitution is best [...] Thus the aristocratic theory of political rights is the authoritative theory of rights" (MILLER 1995, 127; cf. fn. 23). David Keyt distinguishes between an aristocratic and an Aristotelian conception of distributive justice. The latter has a standard of worth that includes not only virtue but wealth and freedom (KEYT 1991, 247, 259). To be sure, the Aristotelian standard of worth embraces wealth and freedom. But this is true for the aristocratic standard as well. As a consequence, there is no need to introduce an additional Aristotelian standard or conception of distributive justice. Keyt's interpretation leads to an inconsistency within the analysis of his paper. Keyt claims correctly that Aristotle's best polis is a "true aristocracy", which "embodies the Aristotelian conception of distributive justice" (*ibidem*, 260). As each constitution embodies its corresponding conception, it is only

has made evident that for Aristotle every constitution contains or embodies a corresponding conception of distributive justice. As a consequence, Aristotle has to be classified in regard to his political convictions as a supporter of aristocracy.

Like for Plato, for Aristotle aristocracy is a constitution closely connected with kingship (*Pol.* V 10, 1310 b 2–3, b 31–32; *Rep.* IV, 445 d). The fundamental principle of both constitutions is the virtue of the rulers. In both constitutions political power is distributed in proportion to virtue, which serves as both the aristocratic and the monarchic standard of worth. Apparently, both constitutions embody the same conception of distributive justice. But as kingship means an extremely unequal share in political power, it is only justified if the king distinguishes himself through outstanding virtue. For Aristotle, such extraordinary individuals cannot be found in contemporary Greece (*Pol.* VII 14, 1332 b 16–27).

In Chapter 13 of Book III, Aristotle emphasizes that in the distribution of political power education and virtue are the most justified reasons for the political claim. As a consequence, in Chapters 14 through 17 he discusses mainly kingship and aristocracy and ponders which of these constitutions is best. After advancing some arguments in favor of aristocracy, Aristotle concludes that aristocracy is generally more desirable for the political communities than kingship (*Pol.* III 15, 1286 b 3–7). In the second chapter of Book IV, Aristotle refers back to these reflections: “Aristocracy and kingship have already been discussed (to consider the best constitution (*ἀρίστης πολιτείας*) is the same thing as to consider the two constitutions so named; since both are based on virtue provided with the necessary external means)” (*Pol.* IV 2, 1289 a 30–33). In this reference Aristotle understands both aristocracy and kingship as subspecies of the best constitution, which elucidates the close connection between these two constitutions.

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sound to understand the conception contained in aristocracy as an aristocratic conception of distributive justice.

#### 4. *Aristocracy as the constitution of the best polis*

The arguments of this paper show that Aristotle supports both an aristocratic conception of distributive justice and aristocracy. This final section substantiates the thesis that the constitution of the best polis, which Aristotle outlines in Books VII and VIII, must be understood as a “true aristocracy”, which embodies an aristocratic conception of distributive justice. Furthermore, the section gives arguments against interpretations that claim that Aristotle’s “ideal constitution” is a mixed government, which he calls polity (*πολιτεία*). The conclusion of this section and the whole paper is that Aristotle has to be understood as an aristocratic political thinker.

Aristotle approaches the question of the constitution of the best polis by first answering the question of the most desirable life. The specific characteristic of the best city, the polis according to our wishes (*κατ' εὖχην*), is that the citizens can lead the best and happiest life in it (Pol. VII 4, 1325 b 36). In order to achieve this goal, the citizens have to develop the specifically human virtues and become perfectly good and virtuous, which requires excellent natural dispositions, a first-rate education, and social conditions like wealth, leisure, and exemption from having to work. Apparently, the demands for being a member of the citizens of the best polis are very exacting. As a consequence, the best polis does not have many citizens.

The social structure of Aristotle’s best polis has the shape of a pyramid. The top of the pyramid is constituted by a small leisure class of the good and virtuous citizens. The lower parts are composed of the vast majority of people who live in the polis as non-citizens. These people will be foreigners, resident aliens, and, as much as possible, slaves and barbarians. The non-citizens constitute the laboring class, which Aristotle divides into day-laborers, seamen, farmers, traders, and craftsmen. For Aristotle, the members of the laboring class are not parts of the polis, they

are only indispensable conditions and means for the polis (*Pol.* VII 9, 1329 a 34–39).

Aristotle justifies the exclusion of the laboring class in view of the end of the polis. In order to live a good and happy life, one needs virtue. But the laboring class lacks the natural dispositions, education, or social conditions required to develop their virtues (*Pol.* VII 9, 1329 a 21–24). The laboring class has to serve the leisure class as a means for their good and happy life. Aristotle justifies this with the theory of natural slavery, which he develops in Book I<sup>48</sup>. He also argues that the members of the working class have a lower worth and are by nature designed for the function (ἔργον) and end (τέλος) to serve as means for the human beings that have a higher rank in the natural order (cf. Knoll 2009, 200–01).

According to Aristotle's second definition, "A constitution is the order of a polis in respect to its various offices and the questions of how they are distributed, what the supreme power of the polis is, and what the end of every community is" (*Pol.* IV 1, 1289 a 15–18). The end of the best polis is undoubtedly the good and happy life, which requires that the citizens develop and practice their ethical and intellectual virtues in a political or theoretical life. This is an important reason why the constitution of the best polis cannot be understood as a polity. Aristotle declares more than once that the citizens of the polity, average Greek men, are far from being fully virtuous (*Pol.* III 7, 1279 a 39–1279 b 4; *Pol.* IV 11, 1295 a 25–31). As a consequence, they do not possess the qualities which are required for citizenship in the best polis (cf. Schütrumpf 1980, 159). The best polis aims at a good and happy life and thus virtue. The best means to

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<sup>48</sup> In Book VII Aristotle refers several times directly or indirectly to his theory of natural slavery in Book I (*Pol.* VII 2, 1324 b 36–41; *Pol.* VII 2, 1325 a 28–31; *Pol.* VII 14, 1333 a 3–11; *Pol.* VII 14, 1334 a 2; for a view of the barbarians that is more refined than the one exposed in Book I see *Pol.* VII 7). These references are an argument for the unity of the *Politics*. For a substantiation of the thesis that Aristotle justifies the rule of free citizens over natural slaves with his theory of distributive justice see KNOLL 2009, 149–156.



reach these goals is education. This explains why in his account of the best polis in Books VII and VIII Aristotle devotes a great deal of attention to education.

Aristotle does not say much about the concrete political institutions of the best polis. In order to determine its form of constitution, it is necessary to analyze his thoughts on how the political offices and the political power should be distributed. The citizens of the best polis are all supposed to be good, virtuous, and just. They are all equal and of the same kind. This is why they must all have the right to participate in the government of the polis. Aristotle points out that “for many reasons it is necessary for all to share in ruling and being ruled in turn. For equality means the same treatment of same persons, and a constitution that is not based on justice can hardly survive” (*Pol.* VII 14, 1332 b 25–29). According to the conception of distributive justice that is embodied in the constitution of the best city, all citizens have to participate in the government because they are all equally good and virtuous. Equal participation is not only required for reasons of justice but for reasons concerning the preservation of the polis. Linking up with his analysis of the change of constitutions in Book V, Aristotle argues that an unjust constitution is often an instable one because it leads to sedition.

Aristotle's statement that “it is necessary for all to share in ruling and being ruled in turn” could be misunderstood as suggesting that the best constitution is a polity or a democracy<sup>49</sup>. But an analysis of how Aristotle understands equal participation rules out this interpretation. Shortly after this statement, he explains that it cannot be disputed that the rulers have to

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<sup>49</sup> This is a central misunderstanding of Nussbaum's interpretation of Aristotle's account of political participation. Nussbaum claims that Aristotle's “ideal city is a politeia” (2001, 147), and that he understands participation as a democratic form of participation (NUSSBAUM 1990; cf. 2000, 109). Mistakenly, she tries to support this thesis with Aristotle's statement quoted above (*Pol.* VII 14, 1332 b 25–27; cf. Knoll 2009, 260–63).

be better than their subjects. Referring back to what he had said some paragraphs before, Aristotle explains that nature made a distinction within the persons of the same kind by making some younger and some older. For the younger citizens it is appropriate to be governed, for the older ones to govern. This shouldn't offend the younger citizens as their turn to rule will come with the years (*Pol.* VII 14, 1332 b 35–42).

Aristotle correlates the two age-groups with two different qualities and two different political tasks. The first political task is to deliberate, to judge in law-courts, and to govern the polis. The second one is to protect the government against those who do not want to obey, and to defend the polis against attackers from outside. About the qualities of the two age-groups Aristotle declares that by nature the younger citizens have strength or vigor (*δύναμις*), and the older ones prudence (*φρόνησις*). For Aristotle, the second political task is appropriate for the younger citizens, and the first one for the older ones. The constitution of the best polis entrusts both tasks to the same persons, however, not at the same stage of their life. Nevertheless, by allotting both tasks to every citizen it ensures an equal participation in the political life of the city. Aristotle justifies this distribution of political tasks with the aristocratic conception of justice:

But as by nature strength is found in the younger men and prudence in the older, such a distribution seems expedient and just; this mode of division also possesses conformity with worth (*ἀλλ' ὡςπερ πέφυκεν ἡ μὲν δύναμις ἐν νεωτέροις, ἡ δὲ φρόνησις ἐν πρεσβυτέροις εἶναι, ἔοικεν οὕτως ἀμφοῖν νενεμῆσθαι συμφέρειν καὶ δίκαιόν ἐστιν. ἔχει γὰρ αὕτη ἡ διαίρεσις τὸ κατ' ἀξίαν, Pol.* VII 9, 1329a 14-17).

In the best polis, the political offices and the supreme power are distributed according to worth. In its constitution, the appropriate standard of worth is primarily prudence (*φρόνησις*), which is the intellectual virtue

that, combined with ethical virtues, constitutes political virtue<sup>50</sup>. This demonstrates that the constitution of the best polis embodies an aristocratic conception of distributive justice (cf. Keyt 1991, 260). Because, for Aristotle, each constitution embodies its corresponding conception of distributive justice, the constitution of the best polis has to be understood as an aristocracy. The quote above shows that the constitution of the best polis cannot be conceived of as a polity. Aristotle defines the polity as a mixture of democracy and oligarchy (*Pol.* IV 8/9, 1294 a 15–b 17). Analogously, the conception of distributive justice of the polity is a mixture of the standards of freedom and worth. The quote above demonstrates that these standards have little relevance in a just distribution of political offices.

Aristotle outlines the constitution of the best polis as an aristocracy. However, he considers the case that one citizen is distinguished through such extraordinary virtue that he surpasses all the others by far (*Pol.* VII 14, 1332 b 16–27). According to Aristotle's theory of justice, such an outstanding man would deserve to be allotted the supreme power and to be king. But as such men rarely exist, Aristotle's consideration is rather hypothetical than practical. However, as virtue is both the aristocratic and the monarchic standard of worth, and as aristocracy and kingship are closely connected constitutions, Aristotle holds them to be subspecies of the best constitution (*Pol.* IV 2, 1289 a 30–33).

The argument that the constitution of the best polis embodies an aristocratic conception of distributive justice is not the only reason that supports the thesis that it must be understood as an aristocracy. The constitution of the best polis also corresponds exactly to the features which Aristotle mentions in order to characterize a "true aristocracy". In Book IV Aristotle refers back to his account of aristocracy in Book III and talks

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<sup>50</sup> The citizens of the best polis do have the ethical virtues as well. For Aristotle, they are "absolutely just" (*Pol.* VII 9, 1328 b 38).

about “true aristocracy” as the “first and best constitution” (*Pol.* IV 7, 1293 b 1–3, 19; cf. *Pol.* IV 2, 1289 a 30–33). He defines “true aristocracy” as a “constitution which is based on men that are absolutely the best according to their virtue, and not on good men only in relation to some other standard” (*Pol.* IV 7, 1293 b 3–5). Only in a “true aristocracy” the “good man is absolutely the same as the good citizen; in all other constitutions the good citizen is only good relatively to his own form of constitution” (*Pol.* IV 7, 1293 b 5–7). In all other constitutions apart from “true aristocracy” the citizens are not distinguished through perfect virtue or the virtue of the perfect man. The virtue of a citizen has to be oriented towards his particular constitution. As there are many forms of constitutions, “it is evident that there is not one single virtue which is perfect virtue. But when we speak of a good man we mean that he possesses one single virtue which is perfect virtue” (*Pol.* III 4, 1276 b 31–34). The citizens of the best polis are all perfectly good and virtuous, and the constitution is based on these men. As soon as the citizens come of such an age that they may achieve prudence (*φρόνησις*), “the virtue of the citizen and ruler is the same as that of the best man”. Aristotle points out that “the virtue of the good man and that of the good citizen is the same in the best polis”. As the constitution of the best polis is based on the best and most virtuous men it corresponds exactly to the features which characterize a “true aristocracy” (*Pol.* VII 14, 1333 a 11–12; *Pol.* III 18, 1288 a 38–39; *Pol.* VII 9, 1328 b 38–39).

The thesis that the constitution of the best polis is a “true aristocracy” can be supported as well by a third argument which is connected to the second. The goal or end of the constitution of the best polis is a good and happy life. This presupposes a focus on education in order to develop the virtues which are necessary for a good and happy life. A “true aristocracy” has exactly the same goal and the same requirement to develop virtue. In the context of his distinction of *three kinds of*

*aristocracy*<sup>51</sup> in Book IV, Aristotle makes clear that aristocracies care about virtue and pay public attention to its generation (Pol. IV 7, 1293 b 12–13; cf. Pol. IV 2, 1289 a 30–33). The constitution of the best polis is a “true aristocracy” which embodies an aristocratic conception of distributive justice and which is based on the best men, whose outstanding virtues allow them to live a good and happy life.

As has been mentioned before, there are two opposing lines of interpretation of Aristotle's fundamental political convictions. An analysis of the mistaken interpretations, which hold Aristotle's “ideal city” to be a polity, shows that their representatives neglect Aristotle's distinction of four different tasks of constitutional theory, which he articulates at the beginning of Book IV of the *Politics*. The most important of these distinctions is the one between the task “to study which is the best constitution”, and the task to “ascertain the form of constitution most suited to all cities” (Pol. IV 1, 1288 b 21–24, 33–35; cf. Knoll 2012, 133–135). While Aristotle executes the study of the best constitution in Books VII and VIII, he examines the polity mainly in Books IV–VI. The polity is most suited to all states because most cities at Aristotle's time were either democracies or oligarchies, and the polity is a stable mix of elements of these two unstable constitutions (Pol. IV 8/9, 1294 a 15–b 17)<sup>52</sup>. The neglect of Aristotle's distinction of these two tasks is already one cause for Werner Jaeger's division between an early “Urpolitik” (Books II, III, VII, and VIII), which contains Aristotle's “speculative outline”, and the “empirical books” IV–VI, that were supposedly written later (Jaeger 1955, 275–282). If one takes seriously Aristotle's declaration that the same science has four different tasks, many

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<sup>51</sup> For Aristotle's distinction of three kinds of aristocracy and for the problem whether there are not, in fact, four kinds see IRRERA 2016.

<sup>52</sup> Democracy and oligarchy are the main topic of Book VI. A large part of Book V is devoted to the analysis of the reasons why constitutions and especially why democracies and oligarchies change through seditions and revolutions.

misunderstandings and supposed contradictions of the *Politics* disappear together with the need to postulate different strata of their origin. The same conclusion can be drawn from this analysis of the role of Aristotle's theory of distributive justice for his theory of constitutions. Distributive justice is a central topic of the *Politics* which is equally relevant for different books and for different aspects of Aristotle's theory of constitutions, and which must be regarded as one of the main factors that demonstrate the unity of the *Politics*.

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